

ACALANES HIGH SCHOOL  
2025 Fall Sports Tryouts

Monday, 8/12	Tuesday, 8/13	Wednesday, 8/14	Thursday, 8/15	Friday, 8/16	Saturday, 8/17
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<b>Cross country</b>	3:30 to 5:00	3:30 to 5:00	3:30 to 5:00	3:30 to 5:00	3:30 to 5:00
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<b>Football</b>						
Varsity	5:15 to 7:00	5:15 to 7:00	5:15 to 7:00	5:15 to 7:00	5:15 to 7:00	10:00 to 12:00
Junior varsity	3:30 to 5:15	3:30 to 5:15	3:30 to 5:15	3:30 to 5:15	3:30 to 5:15	10:30 to 12:30
Freshman	3:30 to 5:15	3:30 to 5:15	3:30 to 5:15	3:30 to 5:15	3:30 to 5:15	10:30 to 12:30

<b>Flag football</b>	6:45 to 9:00	6:45 to 9:00	6:45 to 9:00	6:45 to 9:00
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<b>Girls golf</b>	Contact Coach Erin Barth at <a href="mailto:ebarth@auhsdschools.org">ebarth@auhsdschools.org</a>
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<b>Girls tennis</b>					
Varsity	3:00 to 5:00	3:30 to 5:30	3:30 to 5:30	Practice begins	Practice begins
Junior varsity	5:00 to 7:00	5:30 to 7:00	5:30 to 7:00	Practice begins	Practice begins

<b>Girls volleyball</b>					
Non-freshmen	7:00 to 9:00	7:00 to 9:00	7:00 to 8:30	Practice begins	Practice begins
Freshmen	5:00 to 6:45	5:00 to 6:45	5:00 to 6:45	Practice begins	Practice begins

<b>Boys water polo</b>					
Varsity & JV	5:00 to 7:30	4:00 to 6:00	5:30 to 7:30	4:00 to 6:00	5:30 to 7:30

<b>Girls water polo</b>					
Varsity & JV	2:00 to 5:00	6:00 to 8:00	3:30 to 5:30	6:00 to 8:00	3:30 to 5:30

<b>Cheerleading</b>	5:00 to 7:00	5:00 to 7:00	5:00 to 7:00	5:00 to 7:00
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